

Facilitate

Strategies, methods and tools for successful activities

16 to 24 of March 2024

Berlin (Germany)



INFOPACK

"Facilitate! Strategies, methods and tools for successful activities" TC will be held in Berlin (Germany) from the 16th to 24th of March 2024 (including travel days), for 24 participants from 6 partners for improving the professional competences of facilitators and organisations on developing facilitation skills, methods and tools. The project aims also to strengthen International cooperation, exchange of knowledge, experiences and learnings and the setting up of quality workshops meeting the learning needs of the target youth learners.

A good facilitator can make a difference in the approach to a youth group and through this TC we want to give the facilitators of our partner organizations a space to reflect on their role and competencies and provide them with the necessary tools and methods for their professional development. The role of the facilitator is basically connected with learning, communication, intercultural issues, feedback, and workshop design skills: in these areas, he/she must be competent and aware. In our opinion, a good facilitator should be first of all aware of their own learning styles and recognize these in their learning process.

The global aim of "Facilitate!" is investigating the role of facilitators and the complexity of facing and approaching the different styles for different learners, through a path of self awareness of the participants on their own learning styles. The central part of the TC will be directed to empower fundamental skills for a facilitator (positive communication and feedback, intercultural communication, problem solving and creativity, conflict management, how to create a good learning environment, design a workshop programme and in performing it). After the TC, once back home, participants will implement a workshop with their youth (learners) on a chosen topic (participants can count on 2 months of mentoring by the trainers).

Methods

The activities we are going to propose will be based on the non-formal education approach, such as: team building games, simulation games, experiential activities, good practices sharing, visits, reflection groups, intercultural evenings and creative workshops.

Coordinator

Citizens of Europe e.V. is a non-profit, independent association, supported by committed citizens who believe in the European idea. We see diversity as an opportunity. With our projects we bring together people of different geographic, social and intellectual backgrounds. We celebrate understanding and compromise as the basic principle of democracy and reject extremism and populism. In practice, we offer young Europeans the opportunity to spend time abroad as part of a voluntary European year and regularly organize multi-day trainings and debates on various European topics. We are open to new ideas and offer interested individuals our know-how and our infrastructure for the realization of own projects. Since more than ten years Citizens of Europe is an European Voluntary Service sending and hosting organization. We hosted more than 20 volunteers and helped more than 50 volunteers to realize mostly long term EVS abroad.

Partners

PARTNERS: Check-IN (Portugal), Agrado (Italy), YouthFully Yours (Greece), , PLANBE (Cyprus), UDRUGA ALFA ALBONA (Croatia).

Participants

The total number of participants is 24, 3-4 participants per country. Target group are participants interestet in youth work, non formal methods and facilitation.

Application form

All participants need to register on the **Facilitate! form until 02. March 2024**. Link: <https://form.jotform.com/240393603783358>

ACCOMMODATION

We are housed in the Spreeinsel meeting center. This is also where most of our training will take place. It is located on a peninsula in the middle of the River Spree, surrounded by nature. The vibrant districts of Friedrichshain and Kreuzberg can be reached by bus in ten minutes. The city can also be explored from there.



You will be staying in a room with 2, 3 or 4 beds. The distribution of the rooms will be made according to gender. Showers and WCs are located on the floor.

WORKPLACE

The activities in The Training Course will be organized mainly indoors – in the activities room of the accommodation. But there will also be trips to the city and free time.

THINGS TO BRING

Bring with you the following (you'll need it and it will be necessary to present during the project)

A – PERSONAL STUFF

- Towels for shower
- Filippos
- Personal hygiene products(shampoo, toothpaste, etc..)
- Fresh and comfortable clothes and shoes
- Your Health European Card
- Health Insurance

B – ORGANISATION INFO MATERIAL

Leaflets, brochures of projects, publications, info material about your organization. All that can be useful for “building” here is a creative presentation of your organization.

C – INTERCULTURAL MOMENTS:

- Intercultural Night

NO POWER POINT!!! We want to connect and enjoy! ; P

A. Typical food/drink from your country: Ready food – snacks, cheese, drinks, biscuits;

B. 1 night-game from your country, to make people connect to each other (MAXIMUM 4minutes);

C. 1 brief & creative COUNTRY presentation (theatre, posters, stereotypes..) (MAXIMUM 3minute)

- Intercultural sweet moments

We Would like to ask you to bring some typical sweets from your country. Each day we will taste some sweets from each national team. Yummy◆:v

FINANCE

BUDGET – We reimburse travel cost up to the following amount:

Germany 23 Euro, Portugal 360 Euro, Greece 275 Euro, Cyprus 360 Euro, Croatia 275 Euro (320 if you travel “green” by bus or train), Italy 275 (320 if you travel “green” by bus or train).

NOTE: Keep all the boarding passes and tickets of airplane, bus and/or train (they are needed for reimbursement). Also all receipts/ invoices are needed, without exception.

Citizens of Europe e.V. will transfer the travel cost to your Sending Partner Organization and afterwards they will transfer the money to you.

There is no participation fee for this project. This project is financed by the Erasmus+: Erasmus + (Youth). Being selected for this course, all costs (accommodation, travel, visa, etc.) relevant to participation in the course will be covered by the German National Agency. NOTE: **Each participant needs to take care of travel insurance.**

Contact Person:

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Emergency Contact - Police, ambulance and fire department emergencies – Call 112

See you soon

Citizens of Europe Team 